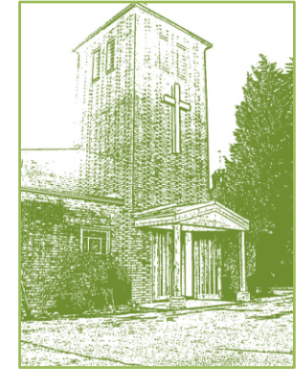




***Climate change affects us all
& it's up to us to
do something about it***



St. Anne's Church



***As Christians, we are taught
to hope – not despair***

***Jenny Miller
Eco & Environmental Committee***

Thoughts on
EcoChurch
&
Personal Commitments

Ways in which we can make a difference

In the home

- Use a **green** energy supplier
- Wash with full loads at 30°C
- Dry clothes outside when possible
- Only run dishwasher when full
- Fill freezer to capacity & defrost regularly
- Only boil water in kettle that you need
- Use LED lightbulbs
- Avoid using paper plates & plastic cutlery
- Print on recycled paper

Shopping

- Buy no more than is needed. Shop with re-usable bags & re-fillable bottles/containers
- If possible, buy Fairtrade, local & organic products – look for the following labels:



- In season, wonky produce rules, as do free range eggs & meat reared outdoors! Eat less red meat
- Have milk delivered in glass bottles & buy plastic free tea bags
- Buy **green** cleaning products
- Buy recycled paper products, including toilet & kitchen rolls
- Buy pre-loved/second hand goods. Rent or borrow for one-off occasions
- Only buy materials responsibly sourced & avoid cheap imports from abroad

In the garden

- Collect rain water
- Do not buy peat & consider making a compost heap
- Allow part of your garden to grow wild
- Grow flowers that bees love
- If possible, plant a tree

Other

- Save in ethical investments
- Walk or use public transport instead of your car
- Take fewer flights – consider holidaying more in the UK

For more information on how you can help care for the environment, please visit our website:

www.stanee4.org.uk/environment.php